



ORANGE SHEET

Make a DIY bird feeder:

Can you make your own bird feeder to hang on your balcony or in your garden? You can be as creative as you like.

Here are some examples:

- Milk/Juice carton bird feeder



- Toilet roll bird feeder



If you can't find any bird seed, you could make your own food from left-over food chopped up into small pieces for example:

- Apples. ...
- Bananas. ...
- Melon, pumpkin and squash seeds. ...
- Raisins.

Get Arty!

Paint a rock. Can you paint a design on a rock and hide it somewhere in the local area? This could be a park, by a local landmark or somewhere near your home. Others can find it and take their photo with it!



Make playdough

Can you use the recipe below to make your own playdough?

1 cup of flour
½ cup of salt
½ cup of water

Add 1 cup of flour to a bowl.
Next add ½ cup of salt.
Slowly add the ½ cup of water and mix.
If too sticky add a small amount of flour.
If it is too dry add a small drop of water.
Once mixed, knead it with your hands.
If too sticky add more flour.
If you want to add colour, add a few drops of food colouring.

Watch this link if you are unsure

https://www.google.com/search?q=make+your+own+playdough&rlz=1C1GGRV_enGB849GB849&oq=make+your+own+playdough&aqs=chrome.0.0i8.3524j0j8&sourceid=chrome&ie=UTF-8#kpvalbx=3LjDXva9LtPVgQbLmbyADA45



Can you and your family have a competition to make an animal out of your playdough? Who can make the most impressive? Send us your photos!



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FAMILY SPORTS DAY

Can you create your own Sports Days for you and your family to compete in?

You could add something to jump over e.g cushions, something to throw e.g. scrunched up paper/balled up socks into a washing basket, have a running race or even a relay race where you pass a teddy to your team member. Be really creative and send us some photos or even a video of your sports events!

Look at the photos below to get some ideas!

Paper plate horse-shoe



Balloon Fun!

Could you play balloon tennis? All you need is a balloon for the ball. Your hand for the racket or you could use a racket if you have one! How many times can you pass the balloon without it touching the floor? Can you be creative and make a racket from a paper plate and lollipop stick?



Could you make your own bowling game out of bottles?



DESIGN AN ICE LOLLY/ICE CREAM

Do you dream of the perfect ice cream or ice lolly? Could you be the next Willy Wonka, creating scrumptious and mouth-watering treats?

Have a go at designing your own ice cream, you could draw out your design, make it out of junk modelling or if you have the ingredients at home have a go at making it for real! Have a look at the ideas below to help:



Ice Lolly Cups

Make your own ice pops of your favourite fruits like strawberries, bananas, berries for added colour and flavour. Add a stick (lollipop stick or a straw would work), put the cups upright in the freezer for a few hours until they are frozen solid.



Ice Cream in a Bag

Have a go at following the recipe below to make your own ice cream. You could be adventurous and add other flavours in too!



<https://www.bbcgoodfood.com/recipes/instant-vanilla-ice-cream>

Origami Bookmark

What to Do

Step 1: Lay a square of paper on the table-top in a diamond position.

Step 2: Invite your child to fold the diamond in half, taking the bottom corner to the top to form a triangle.

Step 3: With the triangle pointing up, he can then take the bottom left point up to meet the centre point at the top and crease firmly. Glue in place.

Step 4: Repeat with the right corner. The paper should now be a smaller, folded diamond.

Step 5: Flip the diamond over.

Step 6: Taking the top layer of paper only, invite your child to fold the bottom point up to the top point and crease and then unfold.

Step 7: She will then fold the same point under, tucking it into the pocket formed as she gently squeezes the outer corners.

Step 7: Decorate the completed bookmark with markers, paper scraps, or stickers.



Once you have made your bookmark could you add it to your favourite book and snuggle in a quiet corner and read for 10 minutes? Send us your photos of your favourite place to read a book.



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Halesowen Bake Off!

As it is almost time to celebrate Eid could you make some Eid biscuits to celebrate.

**How To Make...
Eid Biscuits**

Ingredients	Equipment
250g soft butter	Oven
140g caster sugar	Mixing bowl and wooden spoon
300g plain flour	Weighing scales
1 egg yolk	Sieve
2tsp vanilla extract	Greaseproof paper
	Baking tray
	Cooling rack
	Decorations (e.g. sprinkles)

Makes roughly 30 biscuits.

What you do...

- Mix the butter and sugar together in a large bowl using a wooden spoon.
- Add the egg yolk and vanilla.
- Mix all of the ingredients together.
- Sift the flour into the mixture.
- Mix everything together. You may have to use your hands, so make sure they are clean.
- Dust a clean surface and roll out your mixture evenly.
- Cut out your biscuits and put onto greaseproof paper on a baking tray.
- Put in a pre-heated oven and bake at 180°C (160°C in a fan oven) or gas mark 4, for 15 minutes.
- Leave the biscuits to cool, then decorate them!



If you don't fancy baking, could you help in the kitchen to prepare a meal and send us a photo of what you help to make?

Family Talent Show

Can you and your family create the best family talent show like we do every year for Halesowen's got Talent?

You could create a dance, learn some jokes, play an instrument, learn a song...

As Eid is coming up – you could perform dances or songs you have created. You could even sing a song in Arabic.

Once you have got all your bits ready, create a stage area and perform each one to the other members of your family.

You could even give each other a rating out of ten to see who wins!



Can you create a memory with your family?

Mrs Mills has done this on a canvas she had spare, but you could do it on card or paper and make a frame for it!

Here are some more ideas:



If you don't have any paint you could draw around your hand, cut it out on different coloured card/paper or colour it in like this one below:

